

## Some Ways to Educate Yourself

### Resources

1. The Lady recommends we watch a TV Show called **Jericho**. There are two seasons. **Jericho** is an American post-apocalyptic action-drama television series, which centers on the residents of the fictional city of Jericho, Kansas, in the aftermath of a nuclear attack. At the end of the two seasons there is some excellent real footage and discussion that relate to emergency preparedness. Available through Amazon Prime, Apple TV, Vudu, Xfinity
2. Watch Greta Thunberg: [https://www.youtube.com/watch?v=aUCD\\_24cygQ](https://www.youtube.com/watch?v=aUCD_24cygQ)
3. Watch Sir David Attenborough: <https://www.youtube.com/watch?v=EOctIuyVfnA>
4. Watch Anderson Cooper's interview with David Attenborough: <https://www.youtube.com/watch?v=Li5Xi9mlvDg>
5. Watch climate scientists reveal their fears for the future: <https://www.youtube.com/watch?v=jly0t5P0CUQ>
6. Review the Intergovernmental Panel on Climate Change (IPCC) report: <https://www.ipcc.ch/report/sixth-assessment-report-working-group-ii/>
7. Read parts of the website "Job One for Humanity" [https://www.joboneforhumanity.org/today\\_s\\_five\\_most\\_important\\_facts\\_about\\_global\\_warming](https://www.joboneforhumanity.org/today_s_five_most_important_facts_about_global_warming)
8. For easily understandable explanations of the science of climate change, pollution, extreme weather and more, go to: <https://climatekids.nasa.gov/menu/watch/>
9. Find an easily understandable explanation of the "Greenhouse Effect" and the consequences of "Global Warming" here: [https://youtu.be/-D\\_Np-3dVBQ](https://youtu.be/-D_Np-3dVBQ)
10. Calculate your own "Carbon Footprint" and make decisions about what life changes you want to make: [climatehero.me](http://climatehero.me)
11. Calculate your "Water Footprint." How much water does it take to produce a cup of coffee, a hamburger, a t-shirt? Go to: <https://www.watercalculator.org>
12. Monitor the air in your location, worldwide: [IQAir.com](http://IQAir.com)
13. Watch the documentary "Seaspiracy" on Netflix about the environmental impact of commercial fishing.



14. Watch the documentary “Human Flow” about the global refugee crisis. Available on Amazon Prime for free or on YouTube for a fee.
15. Re-watch the documentary “Breaking Boundaries” on Netflix. Each time you watch the documentary, you will have further understanding and realizations.
16. Some help in thinking about life changes you can make:
  - <https://climatechange.ucdavis.edu/what-can-i-do/18-simple-things-you-can-do-about-climate-change/>
  - <https://www.nemoequipment.com/11-things-you-can-actually-do-to-slow-climate-change/>
  - <https://davidsuzuki.org/what-you-can-do/top-10-ways-can-stop-climate-change/>
  - <https://news.climate.columbia.edu/2018/12/27/35-ways-reduce-carbon-footprint/>