

NEVER

The main thing is that you never give up. Don't even consider giving up. Even if it is the time of your death and you do not see how to succeed and don't feel you have succeeded, especially then don't give up.

Just as if in prayer at sleep – if you die in that state it will carry over into the next realm.

So even though it is very difficult at times, you must always keep going – especially during the times you don't understand what is happening, why it is happening.

Things may appear wrong or out of order, but everything is perfect.

Gourasana

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Give up!