

April, 2020

Hello Everyone,

I truly loved being with you at the recent Congregation Day. Every one of you is dear to my heart and continuously in my thoughts and prayers. I hope that you are doing well as you adjust to a new reality for humanity. And may you always take the greatest care of yourself and others.

At our recent Congregation Day together, I mentioned several quotes, prayers, and excerpts of Gourasana's speaking that I wanted you to have. This body of work has come together, and I am so pleased to give it to you. There are two surprises in the collection! One will have you smiling during your morning prayer time, and the other will bring you back to the deeply joyful, personal, loving connection we had together at the beginning of the event.

There is a goldmine of Gourasana in this collection. He gives us powerful teachings about being equipoised during a calamity, seeing ourselves as separate from difficulties in life, and forgiving others. Gourasana also has a rare question and answer session with children. Please study these teachings in a calm, purposeful, meditative way. I especially hope that you achieve the benefits of forgiveness when you read carefully and apply what you learn from Gourasana. I think you will find the entire collection of quotes stimulating, motivating, and inspiring.

We have another Congregation Day scheduled for Saturday, May 16th and I can hardly wait for us to again be together! On that day, I plan on bringing you more of Gourasana. This time He talks about what happens to us upon death, which will be very educational for everyone.

We will also have a special time for chanting together, so please bring your prayer beads that day. Traditional prayer beads have 108 beads, but you can use any prayer beads that you already have, or simply use your fingers, which works just as well.

Soon we will be together again.

Together we stand, as a point of light for others . . .

With the sincerity of heart

I am here for you too



p.s. You are going to really, really, really love these quotes!!!!!!