

Thursday, July 7, 2016

My Dear Friends on the Path,

I am very happy to introduce a new way for all of you to be able to hear from each other and to benefit from each other.

I really consider us to be a very large family, and I want all the voices of our family to be heard. Your voices carry consciousness, awareness, truth, love, connection, loyalty, friendship, endeavor, like-mindedness, wisdom, knowledge, compassion, understanding, fortitude, courage, determination, humility, inner strength, insight, seriousness, delight, ownership, brotherhood & sisterhood, humanity, endless gratitude, devotion, and dedication. And all of these qualities are meant to be fully shared amongst us. We all are meant to benefit from the consciousness, presence and love that each member of our family carries.

So, here we go!

Introducing the Newsletter

I may start sending you newsletters which contain the letters I receive from you. Each newsletter may be focused on a particular topic or theme. What I will share with you in these letters is all of the awareness, consciousness, presence, dedication, devotion and love you share with me. Anything of a more personal, confidential or irrelevant nature are removed.

This first newsletter is on the topic of Path Day Two. There are also a few letters that are not about the Path Day that I chose to include. You will also notice that I may emphasize certain names or topics by underlining them.

Following are suggested ways to read these letters. You will discover what is most fruitful for your movement:

- 1) You can read them all at once. There are a lot of letters and this method will take you some time. I don't recommend it.
- 2) You can read slowly, carefully, in a meditative state. When you reach your limit for that period, sit in meditation with Gourasana and Kalindi with music that appeals to you. Or you could also get up and dance or scream into a towel.
- 3) You can read for 30 minutes, then close your eyes and go to Gourasana. Then read another 30 minutes, close your eyes and go to Gourasana.

4) You can read on evenings when we have scripture meditation.

5) You can read on a Sunday, although you will tap into the energy through reading them. However, some people may want or need to do this.

Please do not read in a hurried manner just to finish the task. Read slowly, allowing it to take you into a process of meditation. Let each letter move your consciousness into a wider space of your Being with Gourasana and Kalindi.

A lot will happen for you by reading these letters. Consciousness will happen. You will tap in to the Path energy, and the awakening process will become more vibrant and urgent for you. You will be quietly ecstatic, and you may feel like you are going to explode with fullness at the same time. You will be stunned and amazed. You will be embraced and transformed.

This consciousness that we have evolved into is extremely rare especially compared to the darkness and ignorance and tragic conditions which are rampant in the world. In the process of reading the letters, love and compassion will grow exponentially in the heart and soul of each of you.

Gourasana: It is love and ecstasy beyond comprehension.

Love,

The Lady

