



Gourasana On Anger

March 13, 1995

If you are in a state of extreme anger, if you are agitated, then practically speaking, you cannot also be in a state of humility.

So when we experience things in life that produce anger, then we are discovering things which are bringing forth our ego.

One thing that has to be said at the beginning however, is some can display extreme anger and still be a great being of humility. This is primarily amongst Incarnations, Masters, Spiritual Teachers, like that.

Their anger is coming from a spiritual place, which they are not bound by.

So never make the mistake of confusing the two.

