

Ginny Robinson
Sunday, February 25, 2018

Dear Lady,

Here is the recount of what Gourasana said to me regarding anger.

He was telling me that I had a lot of anger with Blaise, and here is what I should do about it:

Ginny, you are going to be busy in your bedroom and Blaise is going to come in and say, "Hey, go to the store and pick up those vitamins for me." And that is going to make you so mad, you are going to feel like say, "F...k you. Go get your own f,,,king vitamins".

I said, "No, I'm not going to feel like that."

He said, "No, that would be really good if you did because it would give you a great opportunity."

He told me that what He would do with all that anger, if it were Him, He would get on His knees and He would say a prayer. Not a sappy prayer but one that the situation called for:

"The illusion is hitting me so hard right now and it is so ugly that I can barely control myself; so I am praying to Gourasana and I am praying to you too, Blaise, to please help me because I know that no matter what I am feeling right now that deep in my heart I have nothing but love for you. The truth is that I not only want to do what you are asking of me, but I want to do it in a way that gives me pleasure to do this for you."

He said that if I could do this, the illusion would practically throw up it's hands and leave me alone.

Thank you Lady. I look forward to being together with You and the Path sharing this completely illuminating teaching from Gourasana on how to deal with Anger.

I love You so deeply.

Ginny