

Advanced Stages of Part One

Spoken by Kalindi

GMP Series, Talk 6

Well, welcome to "Tape Six", "Advanced Stages of Emotional Release". And guess who it is? It's Kalindi. But this time I'll tell you it's Kalindi La, and Kalindi La, what is that, Kalindi La, La? There's a "La" tagged on to the next part of my name. Kalindi La. And the "La" stands for kind of like a musical note that I want to sing to you all that's available to you from God. So Kalindi La. It's pretty glorious what's available if you'll just go within. So "La" is the next part of my name, and it's just a name symbolizing glory to God and the rejoicing of Him helping in so many ways.

So, "Advanced Stages of Emotional Release". Most people will use the GMP and remain in the beginning stages of Part One of the emotional release, and that's okay. As long as the emotional body continues to release and the being is opened up, in a prayerful state, and you're becoming more freed up and more open to God's energy and presence entering for healing, then one will be able to access a calm state from which control of the being is accessed and clear intelligence and intuition can be heard for direction forward in life.

So a good portion of people listening to this are going to remain in the beginning stages of Part One. And that's okay as long as you just keep going. Just keep going. Don't stop this meditation practice for the rest of your life. Use it. Integrate it into your life. It's happening anyway. Either you're repressed and you don't want to feel it or you're throwing pots and pans around or you're getting angry at people and you're doing Part One in a negative way instead of doing it in a positive way.

So try to take this in and have it become a lifestyle, no matter what your religion is. And call on God in any way that you want to call on God. What matters is the sincerity in your heart, and God will answer you. And for those people desiring

ultimate freedom in this lifetime, they'll find that through that desire the emotional body will open to its deepest core and deepest feeling which as I've said is the longing for union, the longing to return Home, the longing to end the separation from God fully, which means the death of the false ego and false identity. The death of the being of illusion is another term for this depth of letting go. The being of illusion is everything that you are not.

And for those wanting freedom, that death process, that annihilation process is inevitable, and you need Part One of the GMP or you'll never make it through that. To enter into the soul's cry, one will be at the core of the emotional body's release, and that type of release opens the nervous system to the flow and current of the energy, love and presence of the Lord. At that point of transformation the heart will have been pierced many times in its opening up process and letting go at the same time. Your heart will be pierced so many times, whether you want freedom or not. It's just if you're going for freedom, you don't do anything to try to stop the heart from being pierced. You allow it to happen.

This type of emotional release is frightening to someone who hasn't felt it, but it's everything to the soul experiencing it as they can feel the True Self is beginning to manifest as the entire being, all parts of the being, opens up to God's current. And it's everything to come to this point because you know you're on your way Home to God. You know because of direct experience within, not because someone told you so. It's rare that someone is willing to go all the way through into the light and walk through the doorway back to the True Realm of Existence, to find their way back to the spiritual Kingdom of God within. That has to be found while you're alive. If you want it at the time of the death of the body, if you want that eternal life, then you must find this while you are alive. And it's rare, but at this point in time there are thousands ready for that leap in consciousness so God is bringing in a very special help to help those thousands and, in helping those thousands, for mankind at large to be helped to bring more light and love in for healing to occur on this planet.

To feel the core longing of separation from God is the most painful of all pains. It's the most torturous feeling to feel the separation from God. And it must be crossed through. And everyone is avoiding it. Once God begins to answer that longing, however long it may take, you learn to understand that the longing in its depth is the love of God and your desire to return to Him. And He reciprocates with you in the depth of your longing even though you're feeling the pain of separation. In that realization of the longing, one no longer fears the depth of longing and deep pain that occurs on the journey, the inner journey Home, because the longing in its agony draws God ever closer until union is achieved and self-realization occurs.

And I'm beginning at this time in evolution to change the word self-realization and enlightenment because there's so many concepts about that. Those two words, the way those words have been held and understood. And I'm turning towards calling it True Self manifestation. Your True Self manifests fully. That's self-realization. And that manifestation is in God. And it is your Self in Him. And you will never be God. Only God is God. But you are part of God. And in that there is no lack. There is nothing missing. You have everything to be who you are in God.

To undergo this deeper spiritual quest, one has to master the beginning stages of emotional release so when this level of work begins it will be possible to tolerate the transformation that will be at hand while still remaining functioning in daily life. And this is a little difficult because at this point the immense current of God begins to flow through the being, creating a very great intensity daily. But along with that intensity the consciousness and intelligence increases many, many, many fold. So it's important for Part One to happen so that a calm state can be constantly in existence while the current of God is flowing profusely. Emotional release and opening of the being is necessary often to allow the current to flow smoothly and to allow even more of the presence of the Lord to be housed within the vessel of your body. And the Self rejoices for this level of transformation to have been reached.

And at this point in someone's life it's an extremely, it's very serious at this juncture, very serious juncture. And you can see why the calming of the being and control of the being are so necessary at this point. Not only are all of your illusory identities and false ego attachments being stripped away by the power of God, but you begin to function at a much more accelerated vibration and your longing to return Home simultaneously is heightened beyond what you can even comprehend will happen to you. Without having mastered also Part Two, the calming part, it would be difficult to remain functioning in this world with so much going on internally. But in a calm state with control, you begin to access extremely high consciousness and intelligence and you live your life from a place of great intelligence, very great intelligence and consciousness, seeing to all of the details of the material side of your life. Nothing is left out. Your brain functions at a high capacity the more connected to God you get.

And this may sound like a bit too much to go through just for, you know, an ordinary person to be listening to this, but it's everything a true spiritual seeker desires. And it's ecstasy, even in the agony that must be crossed through. And it has to be crossed through. It's everything because you begin to fully unite with the Lord God with His will, with His Kingdom within, and that is where all pleasure is found is within in Him and then it's shared externally. But it's found within. And it keeps coming within. It doesn't ever go away once you find that source of all your pleasure. It keeps coming from within.

And once having found your way Home, your stay in this material world for the few years longer, however many that is, however long the rest of your life will be, your stay in this world becomes a life of service, selfless service, and giving to mankind in the love of God to help others find the doorway Home and to assist mankind's growing, healing and evolving God consciousness. So it's not that you find your way Home and then you can't wait to leave these bodies. You find your way Home and you rejoice in that within you also feel the pain of material existence and what's

going on and you have great desire to stay as long as possible so that you can help.

There's not much more to say about the advanced stages of Part One other than if you desire to break free in this lifetime, come deep within into your longing for God and the cry of your soul as quickly as you can. Move through the surface issues that trigger your emotional body. Heal your old wounds rapidly. Let it go. Let them all go. Open them, release them, let go, and enter into your deeper heart's true prayer. And that's for fulfillment of the soul and completion with this material existence. No rebirth. So come. What can I say. Love hurts and so what. No price is too high to achieve ultimate freedom and re-establish your full loving relationship with the Lord. He waits patiently no matter how long it's going to take you. And He is currently answering the cry of the world at this time. Thousands of people are searching for the doorway Home. And the world at large is searching for His light and love to help the suffering condition in this world.

So He's here with the necessary special assistance and transformational energy at this time to help speed the healing process and make it possible for those ready to return Home. The doorway open will remain open for many, many, many centuries to come. It's open. It's here. God is waiting for you in every part of this meditation practice with great assistance to help you fulfill your desire, wherever you're at in your evolution. He comes in answer to your prayer and response to your desire. Desire is everything. So what is your desire?

So again I urge you no matter what, where you're at in your life, what path, what religion, what you want, use this meditation practice. It's His gift to you. It's a gift from God. Use it. Whether you're striving for ultimate freedom or just freer each day. He's here to help you so much if you'll just give one hundred percent effort on your part consistently.