

Friday, December 11, 2015

Dear Friends on The Path,

As her gift to us this month, The Lady is sending a talk from Gourasana that she wants all of us to listen to.

The talk is titled “Excerpts from Gourasana Speaking at the Advanced Intensive” from May of 1993. This talk is a series of excerpts from a longer recording that The Lady will release at a future date. These excerpts are all about the topics of guidance, trust and surrender.

The Lady would like us to listen to this talk over and over again from now until our first Path Day in January. The Path Day will be about surrender and is still being scheduled, but it will most likely be towards the end of January. You will receive a communication about this day when the details have finalized.

The talk is just under 43 minutes long, and because we are not “releasing” this talk officially, the audio will only be available through streaming. The streaming links and instructions are on the next page. The Lady is including a transcript of the talk which has been sent to you with this letter.

The Lady is very happy to have you listen to this talk, and she is very much looking forward to being with us soon.

Happy Holidays,  
Valentine

## **Streaming Instructions**

Here are the streaming links for the talk:

### **Method 1:**

- Using iPad, iPhone, or iPod Touch
- Using the Safari browser on your computer

→ Just click the following link:

<http://audio.miracle.org:1935/vod/mp4/audio/path/Excerpts-from-Gourasana-1993.mp4/playlist.m3u8>

### **Method 2:**

- Using Quicktime Player 7 on your computer

→ Copy and paste the following link using the instructions below:

<rtsp://audio.miracle.org:1935/vod/mp4/audio/path/Excerpts-from-Gourasana-1993.mp4>

1. Highlight the entire link above and copy.
2. Open QuickTime Player 7 choose the menu File:Open URL or File:Open Location
3. Paste the link into the URL field.
4. Click OK.
5. A new window will open and, after buffering for a few seconds, the recording will play.

Note: Quicktime Player 7 is located in your Utilities Folder, which is located in your Applications Folder. Quicktime Player 7 is different than regular Quicktime Player or Quicktime Player X (which you may also have). The link will not work with regular Quicktime Player or Quicktime Player X.

If you do not have Quicktime Player 7, see the links on the following page.

## **Quicktime Player 7 Links**

Quicktime Player 7 for OSX 10.6 and above can be downloaded for free here:

<http://support.apple.com/kb/DL923>

Quicktime Player 7 for Windows can be downloaded for free here:

<http://support.apple.com/kb/dl837>